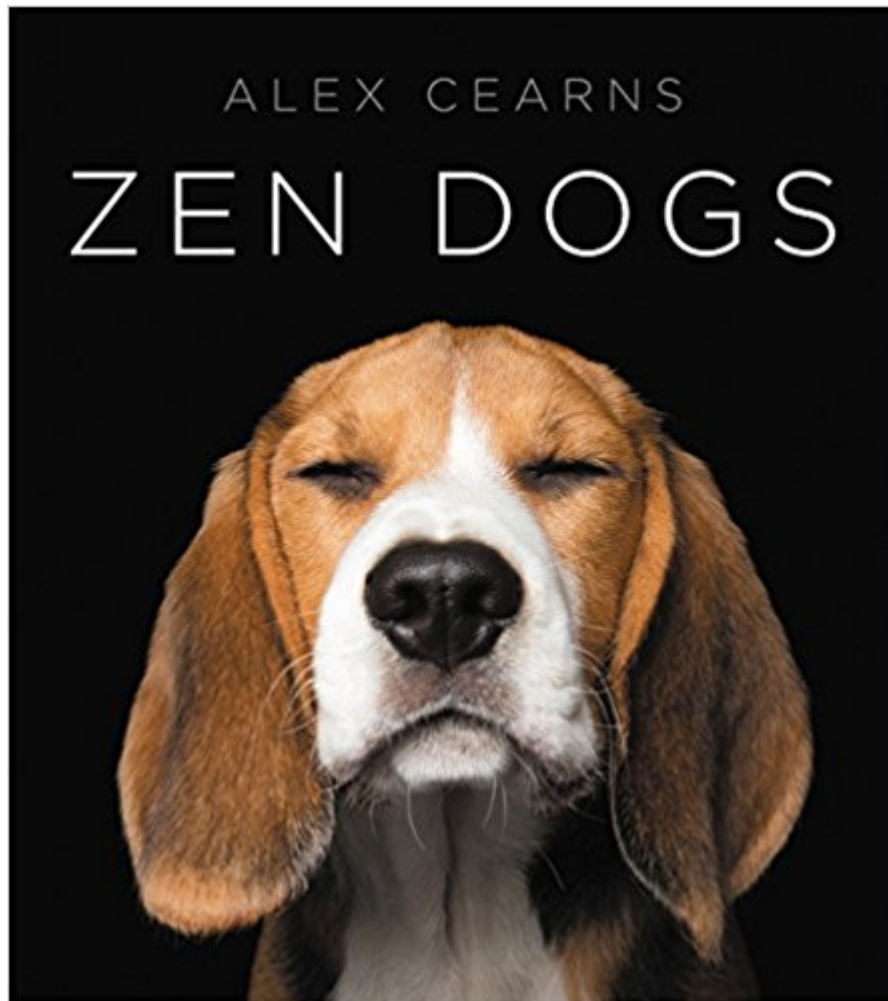




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Zen Dogs



Synopsis

Award-winning animal photographer Alex Cearn's celebrates the peace, calm, and joy dogs bring to our lives with this unique full-color collection capturing eighty dogs in their most relaxed and contented moments. When Alex Cearn's caught Suzi the Sharpei on film with eyes closed and an endearing smile on her furry face, the renowned Australian professional pet and wildlife photographer called the picture of serenity "Zen Dog." Captivated by the image's tranquil beauty, Cearn's then turned her lens on other canines experiencing their own carefree and meditative "Zen" moments—a series of photos that would go viral across the web and take the top prize in a major international competition. Expanding on Cearn's's original web series, Zen Dogs includes eighty stunning color photographs of a variety of breeds—golden retrievers, beagles, French bulldogs, dachshunds, poodles, huskies, pit bulls, and German shepherds. Here are some familiar faces from the online series, joined by dozens of dogs never seen before—all whose engaging personalities shine through. Sprinkled throughout the photos are words of wisdom from the Buddha, Gandhi, and other meditative masters, inspiring messages that, with the photos, warm the heart and soothe the spirit. A gorgeous compendium for every dog lover, animal enthusiast, and everyone looking to add some peace and joy to their day, Zen Dogs reminds us of the power dogs have to enrich our lives—to make us happier, healthier, calmer, and more loving.

Book Information

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in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Zen > Philosophy

Customer Reviews

“This series of images is a gentle and positive reminder to stop and take a break, to relax and

unwind, to be fully present in each and every experience, and to breathe it all in. • (Bored Panda) • Seeing the look of pure, serene repose on the faces of these pups will inspire you to take a little time out of your day, reflect and recharge. • (One Green Planet)

Lovely book of beautiful dogs captured at their most serene.

This book is adorable, and a MUST for any dog lover!

Nice book, but took a star off for a tear in the dust cover. As it was a gift I wanted it to be perfect. But didn't want to go through returning it during the holiday season.

Just like her other books, Alex Cearns is able to capture some of the most incredible dog photos I have ever seen. I can't rave about her work enough. Zen Dogs is a glorious look into the world of some beautiful dogs. This book will make you laugh and cry and give you a moment to breathe and remember the beauty, unconditional love and wonderful 'can do' belief system our dog friends have. Buy this book for all your friends this holiday season, not only will you be giving them a magnificent book filled with love but you will be supporting one of the worlds greatest dog (and animal) advocates.

One of the best photographic books available. I have one of each of Alex's photographic books & look through them often. Nothing better than a hot brew & this book to make feel a little better about the day or to just Zen out with a bunch of beautiful beings. Thank you Alex

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This book will delight! Adorable, sweet, beautiful gift book. Zen Dogs has something for everyone and leaves you feeling calm and happy. Alex clearly has a gift in working with dogs and capturing them at their most relaxed. The powerful quotes added throughout add to the 'zen' feel and the appendixes at the rear of the dogs with their eyes open is an additional delight. Nothing has been overlooked, from the dogs name and breed details, to a secret cover under the dust jacket. Even the print quality is exceptional. This is a lovely compendium of breeds, mixed breeds and rescued dogs and would make a fantastic present for self or a friend - of both! Perfect for the holidays and a purchase you won't regret.

I think this is the 3rd book from Alex Cearn, and once again we're not disappointed. This is a lovely collection, pictures that are unique in both their composition and their message. Dogs are great educators, and I've already heard my hubby using the phrase "why doesn't he just get some zen" after reading the book when it arrived. Always lovely, and great to be able to support a great talent that is used for good in this world. Can't wait to see what follows this. I do remember a great online collection from Alex called Perfect Imperfection - that would be fantastic. Zen Dogs

This book is amazing! Photos of dogs which really connect with their gentle spirit. Alex Cearn is so talented, I have all her books. I often give them as gifts for the animal lovers in my life, people always get pleasure out of her work ã ã ã'œ

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from Beyond Zen!: More Practical Advice from Dogen, Japan's Greatest Zen Master

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